



This week, Ed Satterfield continued our series on the Ten Commandments by preaching on the 9th Commandment: “don’t bear false testimony.”

## READ

Exodus 20:16

Ephesians 4:25-27; 29-32

## REFLECT

1. Ed began the sermon by explaining that “lies are never done in a vacuum” but affects “the reputation and future of another person.” In this way, “falsehood damages the person and it damages us.” Have you experienced these damages that accompany falsehood? How so?
2. Ed diagnosed this week’s American God as “freedom of speech.” How can “freedom of speech” act as an idol in our lives? Paul writes in 1 Corinthians that “all things are lawful, but not all things are profitable; all things are permitted but not all things edify.” How might Paul’s words related to the American God of free speech?
3. Ed expanded on our understanding of false testimony with the Ephesians text. How does this section of Paul’s letter increase our understanding?

## PRAY

- + Confess to God how often we value our own freedom over the purpose of our words.
- + Ask God to help us respect the value of truth.
- + Thank God for providing a path away from our idol of free speech
- + Pray for renewal in our Church, our Community, and our City.

## PRACTICE

- + Ed talked about the healing power of Jesus’ love in 2 movements. First, “to convince us of our own deep self-centeredness and its ineffectiveness,” and second, “to free us with His love to become other-centered people who bring the same blessing to others.” How can you apply these 2 movements this week? Ed offered a few examples of ways to spend time with Jesus in pursuit of these movements. Pick one of these or a similar practice to help you live by the 9th commandment.
  - Journalling
  - Prayer Notecard