



THE GOSPEL OF
LUKE
THE IDENTITY
OF THE KING

February 14th, 2016
The Lord of the Sabbath



This Sunday, Corey Widmer continued our series on Luke's Gospel and the Identity of the King. This morning's message focused on Luke 6 and Jesus's identity as the Lord of the Sabbath.

READ

Luke 6:1-11

REFLECT

1. What was your initial reaction to the pattern of work and rest? That pattern which God followed in creation and which Corey compared to changing your car's oil.
2. Corey spent some time talking about the modern difficulties in following the Lord's commandment regarding taking a Sabbath rest. How did the first way, "the significance of work has changed", resonate with you? How has technology effected your ability to rest?
3. How do you feel the "rest problem" in your life?
4. Think on times when your body was tired. Reflect on times where you have felt the "unrest of the Soul". What distinguishes those two feelings? How have you recharged your soul in times of unrest?

PRAY

- + Confess to God how we sometimes ignore His commandment to rest and run our souls ragged, how we channel Harold Abrahams and strive to define ourselves by excelling instead of resting in the work of Christ.
- + Ask God to continually challenge us to have a strong theology not only of work but also of rest.
- + Thank Christ for His desire to deliver us rested and healthy souls.
- + Pray for spiritual renewal and revival in our community.

PRACTICE

- + Corey proposed a Sabbath centric definition of a Christian as "a person who rests in the finished work of Jesus." Work with your group or by yourself to brainstorm what that might look like in practice. How can you rest in Christ? What does abiding look like in your normal week?
- + Corey gave us three applications to restore a healthy paradigm between work and rest. How can you intentionally stop on a regular basis? What do you need to do on your Sabbath so that you can be restored? How can you utilize your community and work for accountability in your Sabbath taking?