



REFLECTION GUIDE

Week of October 25, 2015

A Supplied People

EXODUS:

Preparing a People

October 25: A Supplied People



This week, Corey Widmer continues our series on Exodus by preaching on God's continued providence.

READ

Exodus 16:2-5, 13-21

REFLECT

1. Corey discussed how fear was the central emotion provoking the Israelites to rebel. Can you isolate specific times or specific fears that led you to destructive behavior? When you have acted unlike the man or woman you try to be, was there some fear underneath your actions?
2. Where have you seen God's Provision?
3. Corey talked about Manna related to our need to feast on God's Word and our need to give generously. He said that fear often presents obstacles to both of these. What prevents you from more fully feasting on God's Word or giving more generously? This exercise does not endeavor to make you feel guilty but to gain perspective by enumerating the blocking factors.
4. What does tasting God's Manna in the desert look like in your life?

PRAY

- + Confess to God how we turn away from Him out of our own fear and anxiety, how we ignore His desire for intimacy in favor of our own defense mechanisms.
- + Thank God for His constant provision.
- + Pray for spiritual renewal and revival in our community.

PRACTICE

- + Take some alone time and make a chart of the four dysfunctional behaviors Corey discussed as a result of fear: Grumbling, Accusations, Control-seeking, False Saviors. In each category, brainstorm areas of your life where you have turned to one of these coping mechanisms. Try to note as many as possible.
- + Do some research and pick one spiritual discipline that is not a part of your normal routine. Incorporate this practice into your life in hopes of attaining more daily intimacy with God.